

Extended School Year Services

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Northside Independent School District

5900 Evers Road
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Extended School Year Services

A Parent's Guide

Extended School Year Services

What are Extended School Year (ESY) Services?

Extended School Year Services (ESY) are individualized instructional programs provided to eligible students with disabilities beyond the regular school year. These services must be determined on an individual basis by the Admission, Review, and Dismissal (ARD) Committee and must be addressed annually for each student with a disability.

What is the purpose for Extended Year Services?

The purpose of Extended School Year Services (ESY) is to address severe and substantial regression in one or more acquired critical skills that cannot be recouped within a reasonable period of time, not to exceed eight weeks.

Who determines whether a student with a disability needs Extended Year Services?

The ARD Committee will decide if the student has exhibited regression OR may be reasonably expected to exhibit severe and substantial regression in one or more acquired critical skills. The ARD Committee determines which services are to be provided to the student during ESY. The ARD Committee will review the documentation of regression to determine in which goals and objectives the student has experienced severe and substantial regression. The frequency and duration of ESY services are based on the requirements of the selected goals and objectives.

Regression: A drop to a lower level of functioning because of a long break from school.

Recoupment: The ability to get back or regain skills at the level shown prior to a break from school.

How does the ARD Committee decide whether a student with disabilities needs Extended School Year Services?

The ARD Committee determines if the loss of an acquired skill would lead to the following occurrence during the first eight weeks of the next regular school year:

- placement would be more restrictive
- significant loss of acquired skills necessary for the student to appropriately progress in the general curriculum

- significant loss of self-sufficiency in self-help skills as evidenced by increase in number of direct service staff and/or amount of time required to provide special education or related services
- loss of access to community-based independent living skills instruction or to an independent living environment provided by non-educational sources as a result of regression in skills
- loss of access to on-the-job training or productive employment as a result of regression in skills

Does the receipt of Extended School Year Services (ESY) one summer assure ESY Services during the following summer?

No, a student's involvement in ESY services one year does not automatically guarantee services for the following year. The decision to provide ESY services is determined annually by the ARD Committee.

What information can I provide to assist the ARD Committee in the decision-making process?

You can assist by providing information about your child's ability to maintain skills during extended breaks from school. For example:

- How well did your child maintain skills last summer?
- What impact do weekends and holidays have on your child's ability to maintain skills?
- How long does it usually take your child to regain the skills he or she has lost after an extended break from school?

